



AN EVENT HELD BY THE ROTARY CLUBS OF  
KU-RING-GAI, ST IVES, TURRAMURRA AND  
WAHROONGA

THE NEWSLETTER FOR ROTARIANS, FRIENDS, PARTNERS AND BENEFICIARIES

IN THIS ISSUE

## Chiswick Plumbing

### Sponsor for Medallions

Bobbo has received 3,000 finish line medallions supplied at no cost supplied by our sponsor, Chiswick Plumbing. The medallions weigh 1/4 tonne and arrived in 20 cartons.

The CEO Lorenzo Poletto rode in Bobbo last year and is entering a team this year

If you need a plumber, please call 1300 55 2248 and mention Bobbo. Chiswick Plumbing 170 George Street Concord West NSW 2138

## Registrations Now Open

Early bird registrations are now open. Cyclists who register before January 26<sup>th</sup> 2017 can save \$10 on the entry price. Details are as follows:

- 27km ride Early bird price \$45
- 57km ride Early bird price \$65
- 80km ride Early bird price \$85
- 104km ride Early bird price \$90

**Sunday 26<sup>th</sup> March 2017**

[www.bobbinheadcycleclassic.com.au](http://www.bobbinheadcycleclassic.com.au)

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Bobbo 2017 Medallions

# Rotarians and Friends at Recent Bike Events

A special thank you to Ross Warden of the Turramurra Club for organizing our activities with this years' Spring and Gong Rides

## The MS Gong

The MS Sydney to the Gong Ride is Australia's most respected and spectacular one day community bike ride. Held on the 6<sup>th</sup> November 2016, the MS Sydney to the Gong Ride is a charity bike ride spanning between Sydney and Wollongong, a fantastic fundraising effort to support Australians living with multiple sclerosis.

Over its 34-year history it has become a Sydney's cycling tradition famous for its atmosphere, spectacular scenery through national park and ocean road, wonderful volunteers and the generosity of its riders and supporters. Since 1981, hundreds of thousands of cyclists have taken the challenge of riding to Wollongong and raised over \$35 million dollars to support people with multiple sclerosis. The ride is capped at 10,000 cyclists and regularly sells out.

This year Rotarians Grahame Rivett and wife, Milton Mason, Grahame Marr, Chris Hock, John Waterhouse, David Russell participated in distributing Bobbo flyers at the Gong.

**North Wollongong Railway-** All special trains stopped here, however not many riders used this station and as many had already received flyers or knew about our event, only about 400 flyers were issued between 0900 and 1130.

About 2000 flyers were issued at the **Wollongong Railway Station** was manned between 0900 and 1245. Small number of riders arrived at this location before 0900. Large numbers commenced to arrive by about 1030, and I estimate continued to well after 1530

**WA Lang Park** where the ride finished 1500 flyers were distributed before we were asked to leave. Many flyers were also placed under wipers of cars that had bike racks fitted in the area.

## Bicycles NSW - Spring Cycle

The Spring Ride has three distances – 12km, 50km and 105km. All start at North Sydney with the 12km finishing in Pyrmont and the other two at Olympic Park.

Thank you to Rotarians Bob Elsworth, Rob Byrne, Geoff Hungerford, Stuart Armstrong, Suzanne Peel and family, and Michael Robertson participated in distributing flyers at the event.

This year the total number of flyers distributed – 3,000 compared to 2,600 last year

- Olympic Park 1,600 flyers distributed;
- Halliday Park 1,000; and
- Pyrmont - Pirrama Park 400 flyers

Thank you also to Rotarian Harold Morgan and his team of BBQ'ers at Halliday Park.



*Halliday Park BBQ*



## Upcoming Rotary Activities

### Marketing through Bike Shops, Fitness Centers and Coffee Shops

If we want the Bobbo to grow, we need to find more potential entrants every year. We do this by tracking down cyclists across the Sydney metropolitan area.

An important first step was to hand out flyers to participants in the first two rides of the season, the Bicycle NSW Spring Cycle and the MS Gong Ride. Now the next step is to visit bike shops and fitness centers across Sydney and ask them to display posters and flyers for us.

We also want to call in at the coffee shops where riders congregate. In total, that will be around 200 visits across Greater Sydney. We have divided the metropolitan area into zones and allocated them to the four Rotary Clubs and the Beneficiaries of the ride. Each group has an allocated team leader, and the team leaders will be asking for volunteers to help them complete this essential marketing task.

The more volunteers we have, the fewer visits each volunteer will have to make.

### Please help us by joining one of our teams

#### Team Leaders

Ku-ring-gai Rotary;

Peter Kipps; 0417 217379,  
[pkipps@bigpond.net.au](mailto:pkipps@bigpond.net.au)

St Ives Rotary;

Harold Morgan; 0418 370354,  
[hm@chesterdev.com](mailto:hm@chesterdev.com)

Turramurra Rotary;

Ann O'Shannasy; 0418 662217  
[aclsmith@bigpond.net.au](mailto:aclsmith@bigpond.net.au)

Wahroonga Rotary;

Stuart Armstrong; 0403 989119,  
[sh.armstrong@outlook.com](mailto:sh.armstrong@outlook.com)

Bo Committee;

Denise Curry; 0417 288 440  
[denise.curry@bigpond.com](mailto:denise.curry@bigpond.com)

KYDS;

Felicity McDonald; 0417 063837,  
[felicity.mcdonnell@kyds.org.au](mailto:felicity.mcdonnell@kyds.org.au)

Lifeline;

Emma Bagley; 0424 326604,  
[emma.bagley@lifelinehzh.org.au](mailto:emma.bagley@lifelinehzh.org.au)



*A very experienced Rotarian (Jim Verco) at work*

## Charities Corner

### The Cromehurst Foundation

The Cromehurst Foundation, which receives no Government funding, is a registered charity providing essential facilities, resources and programs for children and adults with an intellectual disability, including those with high support needs who attend or have previously attended Cromehurst School.

One of the essential facilities is an independent living skills program conducted in The Cromehurst Cottage in Tryon Rd, Lindfield.



Past and present students of Cromehurst School live in during the week and learn many of the skills essential for daily living, such as cooking, cleaning, shopping and personal care as a complement to their school programs. This program provides a much-needed resource and social avenue for children and adults with intellectual disabilities.

### KYDS Youth Development service

KYDS Youth Development Service Inc is a registered charity, providing free, confidential and easily accessed counselling, mental health support and well-being education for adolescents. KYDS provides more than 2,000 individual counselling sessions for teenagers each year at centres in Lindfield and Epping, and reaches several thousand young people annually with early intervention mental health workshops in school and community settings across Northern Sydney

KYDS has recently received a Commendation for Mental Health & Well Being Promotion from Way Ahead and the Mental Health Commission of New South Wales, as part of the 2016 Mental Health Matters Awards.

The award recognises the work KYDS does in helping young people, parents and school communities more effectively manage the stresses associated with the final two years of high school, and the increasingly competitive nature of secondary education for some young people in Northern Sydney.



"It is important that young people can manage their lifestyle in a balanced way throughout years eleven and twelve, that they understand how to prevent stress build-up, and that they know when and how to access help, if they, or their friends, do feel overwhelmed," stated KYDS Clinical Services Manager, Kym Carlson.

"Our suite of initiatives includes Study Stress Sessions for young people in years 10, 11 & 12, information events for parents in a number of community languages, and easily-accessed one-to-one counselling for students who need extra support," she continued.

"We are very pleased that this program, funded by community fundraising and donations from school and community groups, has been acknowledged in this way. We are even more pleased that our work is enabling more students to finish their education as whole and healthy young people, free from study-related stress and anxiety issues," she concluded.



Dependence to Independence

The Cromehurst Foundation

Incorporated  
ABN 90 175 490 072

26 Tryon Road LINDFIELD NSW 2070. Reg. Charity No. CC 25867



## Event Sponsors

### Official Partner Sponsor

Platinum Asset Management has agreed to again be the official partner sponsor.



### Our Gold Sponsors are:



Science For A Better Life



SYDNEY  
ADVENTIST  
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North Shore BMW



The Ultimate  
Driving Machine

Sales  
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Parts



### MORE SPONSORS NEEDED

We are always looking for more sponsors for the event. If you have any business contacts you think should be asked, please call:

PETER LORSCHY  
Email: [peterlorsch12@bigpond.com](mailto:peterlorsch12@bigpond.com)  
Mobile: 0402 768 794

### Our Silver Sponsors are:





## Sponsor's Corner

### Bendigo Bank

#### Putting Community into Community Banking

On the evening of November 3rd 2016 eight deserving not-for-profits received their Community Grants awarded by the Lindfield & Turramurra Community Bank® Branches.

\$26,206 worth of grants was provided to eight charities and organisations that have helped to support and shape the Ku-Ring-Gai area.

Two \$5,000 grants were allocated to Pymble Public School and Cromehurst Specialist School, to provide much-needed playground upgrades and equipment.

Fresh Tracks, received their first community Grant from the Bendigo Community Bank® this year, of \$3,674 grant to purchase a recumbent bicycle for Cycle Hub sessions.



*Community Grant Recipients*

A further \$3,500 was granted to the Hornsby Ku-ring-Gai Women's Shelter, to provide the crisis accommodation centre with the resources to implement and run an in-house employment program for homeless women.

Studio ARTES, a former recipient in 2009, received \$4,500 for their latest community outreach program, which will provide a new creative arts program to engage with adults living with disability in the area.

Long-time recipient, KYDS, who provide free, confidential and highly respected counseling and support services for North Shore adolescents and their families, received \$1,534 to re-decorate their waiting room to create a welcoming space for young people and their parents.

The last recipients for 2016 was Norman Hurst Scouts with a grant of \$1,500, which will enable them to purchase new abseiling, canning and caving equipment for the entire Sydney North Region Scouts.

### Investors Mutual

Investors Mutual Limited (IML) is a specialist Australian equities fund manager that was established in May 1998 by Anton Tagliaferro and has grown to more than \$6.9 billion in funds under management as at 30 June 2016.

The IML investment team applies a conservative value-based investment philosophy with a long-term focus and aims to deliver consistent returns for clients. IML is well recognised for its true-to-label investment style and has won many awards over its 18-year history.

IML's investment philosophy is based on a belief that a company's share price will reflect its underlying value in the long-term and is best determined by identifying and valuing the sustainability, quality and potential growth of a company's future earnings streams. IML's primary focus is to build long term portfolio positions in quality companies at attractive valuations that are trading at a price below what we believe represents the long-term underlying value of the company.



*Anton Tagliaferro*

# Key Dates

Date	Volunteer Briefings	Event
Friday 16 October		2017 Bobbo Registrations Opened
Thursday 26 January		Early bird registrations close
Thursday 2 March		Team Leader Briefing
Sunday 5 March		Orange Ride
Saturday 11 March		Rotary District Conference-
Sunday 12 March		Gear Up Girl Ride, Loop the Lake Ride
Monday 13 March	✓	KRC Briefing/Info Night (6.30pm for 7.00pm)
Wednesday 15 March	✓	WRC Briefing/Info Breakfast (7.00am for 7.15am)
Monday 20 March	✓	Volunteer Briefing at Lifeline (7:00pm)
Tuesday 21 March	✓	TRC Briefing/Info Night (6.15pm for 6.45pm)
Wednesday 22 March	✓	SIRC Briefing/Info Night (6.30pm for 7.00pm)
Saturday 25 March		Bobbo Set Up
Sunday 26 March		The Bobbo Event

## Key Contacts

### Ku-ring-gai Rotary

Tony McClelland 0418 116 554  
Gary Keating 0422 904 602

### St Ives Rotary

Peter Lorsch 0402 768 794  
Grahame Rivett 0428 404 008  
Harold Morgan 0418 370 354

### Turrumurra Rotary

Paul Rickard 0416 245 693  
Michael Robertson 0418 650 045

### Wahroonga Rotary

Doug Reid 0417 445 195  
Janelle Speight 0409 745 037  
Stuart Armstrong 0403 989 119

### Lifeline

Wendy Carver 0412 416 535  
Emma Bagley 0424 326 604

